# A CELEBRATION OF LIFE FOR

# **Nancy Olmsted Kaehr**

May 25, 1939 – October 4, 2018



November 3, 2018 at ten thirty o'clock in the morning SAINT PAUL'S CATHEDRAL San Diego, California



This service is being streamed live and if you don't wish to be seen on camera, please ask an usher for appropriate seating. Services are regularly streamed and recorded and you can find them:

http://www.stpaulcathedral.org/connect/videos

§ Please silence electronic devices.

#### **Voluntaries**

Organ voluntary:

Prelude and Fugue in E-flat, BWV 552 ("St Anne")

Johann Sebastian Bach (1685-1750)

Requiem

Kevin Jeffers, piano

§ At the tolling of the bell, please stand as you are able and face the cathedral entrance.

# The Reception of the Ashes

The Presider meets the ashes at the door of the church and says

With faith in Jesus Christ, we receive the mortal remains of our sister Nancy. Let us pray with confidence to God, the Giver of life, that God will raise her to perfection in the company of the saints.

The Presider asperges the Urn.

Silence may be kept, after which the Presider says

Deliver your servant, Nancy, O Sovereign Lord Christ, from all evil, and set her free from every bond; that she may rest with all your saints in the eternal habitations; where with the Father and the Holy Spirit you live and reign, one God, for ever and ever. **Amen**.

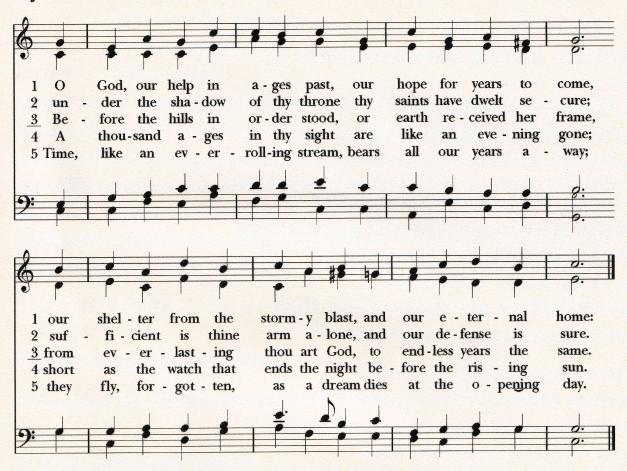
Let us also pray for all who mourn, that they may cast their care on God, and know the consolation of his love.

## Silence may be kept, after which the Presider says

Almighty God, look with pity upon the sorrows of your servants for whom we pray. Remember them, Lord, in mercy; nourish them with patience; comfort them with a sense of your goodness; lift up your countenance upon them; and give them peace; through Jesus Christ our Lord. **Amen.** 

§ Please remain standing as you are able and sing the following hymn.

### Hymn 680 in Procession



6 O God, our help in ages past, our hope for years to come, be thou our guide while life shall last, and our eternal home.

Hymn 680: Words: Isaac Watts (1674-1748), alt.; para. of Psalm 90 Music: St. Anne, melody att. William Croft (1678-1727), alt.; harm. William Henry Monk (1823-1889)

# All remain standing while the Presider then says

I am Resurrection and I am Life, says the Lord. Whoever has faith in me shall have life, even though he die.

And everyone who has life, and has committed himself to me in faith, shall not die for ever.

As for me, I know that my Redeemer lives and that at the last he will stand upon the earth. After my awaking, he will raise me up; and in my body I shall see God. I myself shall see, and my eyes behold him who is my friend and not a stranger.

For none of us has life in himself, and none becomes his own master when he dies. For if we have life, we are alive in the Lord, and if we die, we die in the Lord.

So, then, whether we live or die, we are the Lord's possession.

Happy from now on are those who die in the Lord!

# The Presider then says

The Lord be with you.

People And also with you.

Presider Let us pray.

O God of grace and glory, we remember before you this day our sister Nancy. We thank you for giving her to us, her family and friends, to know and to love as a companion on our earthly pilgrimage. In your boundless compassion, console us who mourn. Give us faith to see in death the gate of eternal life, so that in quiet confidence we may continue our course on earth, until, by your call, we are reunited with those who have gone before; through Jesus Christ our Lord. **Amen**.

§ Please be seated

# The Liturgy of the Word

#### From the Old Testament

Sirach 41:1-2

The Reverend Canon Michael Kaehr

O death, how bitter you are
when a man thinks of you,
one who has good days and enough,
who lives without cares
who is doing well in all things
and who can eat well -

O death, how bitter you are.

O death how good you feel to one that is needy, who is weak and old and who is full of care and has nothing better to hope for or to expect.

O death, how good you feel.

Jerome Webster Meachen (b. 1930)



The Lord is my / shepherd; \*
I shall not / want.

He maketh me to lie down in green / pastures; \* he leadeth me beside the still / waters.

He restoreth my / soul; \*
he leadeth me in the paths of righteousness for his
Name's / sake.

Yea, though I walk through the valley of the shadow of death, I will fear no / evil; \*

for thou art with me; thy rod and thy staff, they / comfort me.

Thou preparest a table before me in the presence of mine / enemies; \*
thou anointest my head with oil;
my cup runneth / over.

Surely goodness and mercy shall follow me all the days of my / life, \* and I will dwell in the house of the Lord for / ever.

# Lamentations 3:22-26, 31-33

#### From the Old Testament

Read by Jerry Kaehr

The steadfast love of the Lord never ceases, his mercies never come to an end; they are new every morning; great is your faithfulness. "The Lord is my portion," says my soul, "therefore I will hope in him." The Lord is good to those who wait for him, to the soul that seeks him. It is good that one should wait quietly for the salvation of the Lord. For the Lord will not reject forever. Although he causes grief, he will have compassion according to the abundance of his steadfast love; for he does not willingly afflict or grieve anyone.

Reader The Word of the Lord.

People Thanks be to God.

### From the New Testament

Revelation 21:2-7 Read by Bob Olmsted

I saw the holy city, the new Jerusalem, coming down out of heaven from God, prepared as a bride adorned for her husband. And I heard a loud voice from the throne saying, "See, the home of God is among mortals. He will dwell with them as their God; they will be his peoples, and God himself will be with them; he will wipe every tear from their eyes. Death will be no more; mourning and crying and pain will be no more, for the first things have passed away." And the one who was seated on the throne said, "See, I am making all things new." Also he said, "Write this, for these words are trustworthy and true." Then he said to me, "It is done! I am the Alpha and the Omega, the beginning and the end. To the thirsty I will give water as a gift from the spring of the water of life. Those who conquer will inherit these things, and I will be their God and they will be my children."

Reader The Word of the Lord.

People Thanks be to God.

§ Please stand as you are able and sing the following hymn.

# Hymn 645



Words: Henry Williams Baker (1821-1877); para. Psalm 23 Music: St. Columba, Irish melody, harm. Hymnal 1982

# § Please remain standing as able for the reading of the Holy Gospel.

The Gospel John 10: 11-16

Gospeller The Holy Gospel of our Lord Jesus Christ according to John.

People Glory to you, Lord Christ.

Jesus said, "I am the good shepherd. The good shepherd lays down his life for the sheep. The hired hand, who is not the shepherd and does not own the sheep, sees the wolf coming and leaves the sheep and runs away—and the wolf snatches them and scatters them. The hired hand runs away because a hired hand does not care for the sheep. I am the good shepherd. I know my own and my own know me, just as the Father knows me and I know the Father. And I lay down my life for the sheep. I have other sheep that do not belong to this fold. I must bring them also, and they will listen to my voice. So there will be one flock, one shepherd."

Gospeller The Gospel of the Lord.

People Praise to you, Lord Christ.

§ Please be seated at the introduction of the Homily.

Homily The Very Reverend W. Mark Richardson, Ph.D. Dean & President, Church Divinity School of the Pacific

§ After a moment of silence, please stand as you are able for the Creed.

Presider In the assurance of eternal life given at Baptism, let us proclaim our faith and say,

# Presider and People

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary.

He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

# The Prayers of the People

# The Deacon bids the prayers

For our sister Nancy, let us pray to our Lord Jesus Christ who said, "I am Resurrection and I am Life."

Leader Donna Kaehr

Lord, you consoled Martha and Mary in their distress; draw near to us who mourn for Nancy, and dry the tears of those who weep.

Hear us, Lord.

You wept at the grave of Lazarus, your friend; comfort us in our sorrow.

Hear us, Lord.

You raised the dead to life; give to our sister eternal life.

Hear us, Lord.

You promised paradise to the thief who repented; bring our sister to the joys of heaven.

Hear us, Lord.

Our sister was washed in Baptism and anointed with the Holy Spirit; give her fellowship with all your saints.

Hear us, Lord.

She was nourished with your Body and Blood; grant her a place at the table in your heavenly kingdom.

Hear us, Lord.

Comfort us in our sorrows at the death of our sister; let our faith be our consolation, and eternal life our hope.

Silence may be kept.

# The Presider concludes with the following

Lord Jesus Christ, we commend to you our sister Nancy, who was reborn by water and the Spirit in Holy Baptism. Grant that her death may recall to us your victory over death, and be an occasion for us to renew our trust in your Father's love. Give us, we pray, the faith to follow where you have led the way; and where you live and reign with the Father and the Holy Spirit, to the ages of ages. **Amen**.

#### The Peace

**Presider** The Peace of the Lord be always with you.

People And also with you.

- § The People greet one another in the name of the Lord.
- § Following the Peace, please be seated.

### The Welcome and Invitation to Communion

The Very Reverend Penny Bridges

§ Please stand as you are able for the Offertory Sentence and be seated after the presentation of the Oblations

# Charles Villiers Stanford (1852–1924)

For lo I raise up that bitter and hasty nation,

Which march thro' the breadth of the earth,

To possess the dwelling places that are not theirs.

They are terrible and dreadful,

Their judgment and their dignity proceed from themselves.

Their horses also are swifter than leopards,

And are more fierce than the evening wolves.

And their horsemen spread themselves,

Yea, their horsemen come from far.

They fly as an eagle that hasteth to devour,

They come all of them for violence;

Their faces are set as the east-wind,

And they gather captives as the sand.

Yea, he scoffeth at kings,

And princes are a derision unto him.

For he heapeth up dust and taketh it.

Then shall he sweep by as a wind that shall pass over,

And be guilty,

Even he, whose might is his God.

Art not Thou from everlasting,

O Lord, my God, mine Holy One?

We shall not die.

O Lord, thou hast ordained him for judgment,

And thou, O Rock hast established him for correction.

I will stand upon my watch and set me upon the tower,

And look forth to see what he will say to me,

And what I shall answer concerning my complaint.

And the Lord answered me and said:

The vision is yet for the appointed time,

And it hasteth toward the end, and shall not lie,

Tho' it tarry, wait for it, because it will surely come.

For the earth shall be filled

with the knowledge of the glory of the Lord,

As the waters cover the sea.

But the Lord is in his holy temple:

Let all the earth keep silence before Him.

- Habakkuk 1

# The Holy Communion

**Great Thanksgiving** 

Eucharistic Prayer B

BCP 367

# The People stand as able. The Presider faces them and sings



### The Presider continues

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Through Jesus Christ our Lord; who rose victorious from the dead, and comforts us with the blessed hope of everlasting life. For to your faithful people O Lord, life is changed, not ended; and when our mortal body lies in death, there is prepared for us a dwelling place eternal in the heavens.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:





The People remain standing or kneel as able Then the Presider continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

### Presider and People

We remember his death,
We proclaim his resurrection,
We await his coming in glory;

#### The Presider continues

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. ♣ Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with the blessed Virgin Mary, blessed Paul and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and forever. **AMEN**.

And now, as our Savior Christ has taught us, we are bold to say,

## The Lord's Prayer (Presider and People)



# The Breaking of the Bread

A period of silence follows as the Bread is broken.



#### The Invitation

### The Presider may say

This is the table, not of the church but of Jesus Christ. It is made ready for those who love him and who want to love him more. So come, you who have much faith and you who have little; you who have been here often and you who have not been for a long time or ever before; you who have tried to follow and you who have failed; come, not because the Church invites you; it is Christ, and he invites you to meet him here.

- The Iona Community Worship Book

### The Presider says

The gifts of God for the People of God.

After the Invitation has been given, please be seated or kneel until you are ushered to the Communion station. Please take your purse or valuables with you.

When taking Communion, you may partake of only the Bread. After receiving it, you may cross your arms across your chest to signal to the Chalice Bearer that you do not wish to receive the Wine. (The Chalice Bearer will pause with the Cup and say the words.)

If you want to receive the Cup by intinction (dipping), please allow the Chalice Bearer to intinct the Bread for you.

If you need to receive a gluten-free wafer, please go to the communion ministers near the Día de los Muertos ofrenda north (left) of the communion rail.

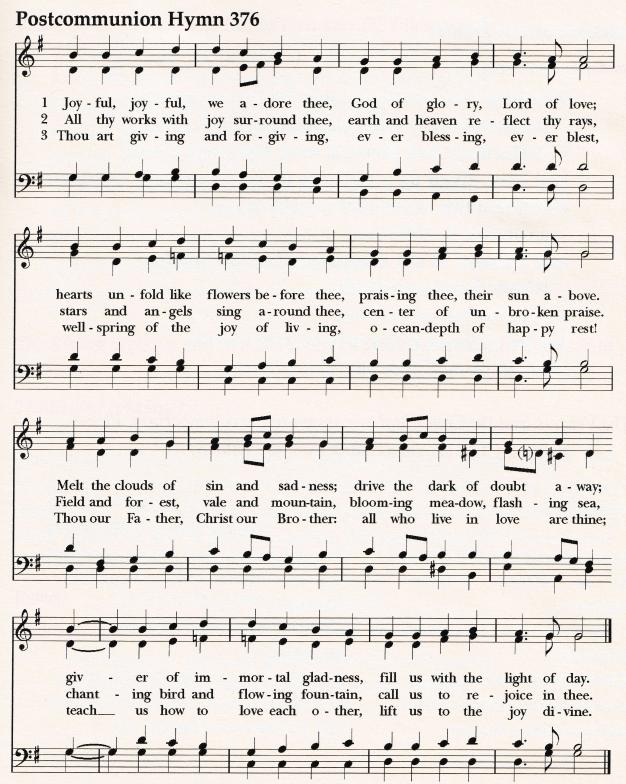
# At the Communion, Anthem

How lovely is thy dwelling-place Johannes Brahms (1833-97)

How lovely is thy dwelling-place, O Lord of Hosts! For my soul, it longeth, yea, fainteth for the courts of the Lord; my soul and body crieth out, yea for the living God. Blest are they that dwell within thy house; they praise thy name evermore!

[Text from Psalm 84]

# § Please stand as you are able, and sing:



Words: Henry Van Dyke (1852-1933)

Music: Hymn to Joy, Ludwig van Beethoven (1770-1827); adapt. Edward Hodges (1796-1867), alt.

# § Please remain standing as able.

# **Postcommunion Prayer**

Presider Let us pray.

All Almighty God, we thank you that in your great love you have fed us with the spiritual food and drink of the Body and Blood of your Son Jesus Christ, and have given us a foretaste of your heavenly banquet. Grant that this Sacrament may be to us a comfort in affliction, and a pledge of our inheritance in that kingdom where there is no death, neither sorrow nor crying, but the fullness of joy with all your saints; through Jesus Christ our Savior. Amen.

§ The Vergers lead the Committal procession to the columbarium. Please maintain a respectful distance from the Thurifers.

In paradisum

In paradisum deducant te Angeli; in tuo adventu suscipiant te martyres,

et perducant te in civitatem sanctam Jerusalem.

Chorus angelorum te suscipiat, et cum Lazaro quondam pauper æternam habeas requiem. from Requiem, Op. 48 Gabriel Fauré (1845-1924)

May the Angels lead you into paradise: may the martyrs receive you at your coming,

and lead you into the holy city, Ierusalem.

May the choir of Angels receive you, and with Lazarus, who once was poor, may you have everlasting rest.

### The Committal

When all are in place, the Bishop then says the following.

E veryone the Father gives to me will come to me;
I will never turn away anyone who believes in me.
He who raised Jesus Christ from the dead
will also give new life to our mortal bodies
through his indwelling Spirit.
My heart, therefore, is glad, and my spirit rejoices;
my body also shall rest in hope.
You will show me the path of life;
in your presence there is fullness of joy,
and in your right hand are pleasures for evermore.

The Bishop asperges and censes the urn and niche and the urn is placed in the niche.

### The Bishop continues

In sure and certain hope of the resurrection to eternal life through our Lord Jesus Christ, we commend to Almighty God our sister Nancy, and we commit her ashes to the columbarium; earth to earth, ashes to ashes, dust to dust. The Lord bless her and keep her, the Lord make his face to shine upon her and be gracious to her, the Lord lift up his countenance upon her and give her peace. **Amen.** 

Bishop Rest eternal grant to her, O Lord:

People And let light perpetual shine upon her.

May Nancy's soul, and the souls of all the departed, through the mercy of God, rest in peace. **Amen.** 

## The Bishop then blesses the people

The God of peace, who brought again from the dead our Lord Jesus Christ, the great Shepherd of the sheep, through the blood of the everlasting covenant: Make you perfect in every good work to do his will, working in you that which is well pleasing in his sight; and the blessing of God Almighty, ★ the Father, the Son, and the Holy Spirit, be among you, and remain with you always. **Amen.** 

§ The People may be seated for the Voluntary

**Organ Voluntary** 

Improvisation on 'Nancy'

Recessional

Amazing Grace
Members of The Cameron Highlanders

§ As the Pipe Band exits the church, the People follow the Vergers to the Great Hall.

Reception in the Great Hall immediately following the service

Access is across the Fifth Avenue Queen's Courtyard

Those wishing to do so may make donations in memory of Nancy Olmsted Kaehr to:

St. Paul's Cathedral 2728 Sixth Avenue San Diego, CA 92103 www.stpaulcathedral.org

~ or ~

CARE International
For the United States:
Gift Center
P.O. Box 1870
Merrifield VA 22116-8070

www.care-international.org/donate-now

# **Participants**

Presider:

The Very Reverend Penny Bridges,

Dean, St. Paul's Cathedral

Presider at the Committal:

The Right Reverend Katharine Jefferts Schori,

Assisting Bishop, The Episcopal Diocese of San Diego

Homilist:

The Very Reverend W. Mark Richardson,

Dean & President, Church Divinity School of the Pacific

Deacon:

The Reverend Canon Brooks Mason

Chaplain to the Bishop: Don Mitchell Canon Verger: Canon Lisa Churchill

Coffer Bearer: Steve Kaehr

Readers: Jerry Kaehr, Bob Olmsted

Intercessor: Donna Kaehr

Altar Servers: Brad Lovelace, Steve Mater, Kris Summit

Thurifers: Michael Kilpatrick, Judy MacDonald

Vergers: Bill Eadie, Almira Fort, Todd Hurrell, Stephanie Pierce

Oblation Bearers: Steve Marsh, Vince Tedjasaputra

Sacristans: Canon Konnie Dadmun, Kris Hatch, Paula Peeling,

Mary Rathbun, Joyce Vogel

Head Usher: Lucinda Parsons

Ushers: Bob Oslie, Roxanne Perfect-Knight, Tom Simmons

Organist & Choirmaster: Canon Martin Green

Assistant Organist: Gabriel Arregui

Choir: Members of the La Jolla Symphony Chorus &

Choirs of St. Paul's Cathedral

Soloist: Kevin Jeffers

Pipe Band: Members of The Cameron Highlanders Pipe Band

Audio/Visual: Marshall Moore, Mike Thornburgh



# Nancy Olmsted Kaehr, MD

To her family and friends, Nancy Olmsted Kaehr defined humility, grace, kindness, patience, a "carpe diem" spirit - and especially love.

A pediatric pulmonary physician who specialized in cystic fibrosis, Nancy's generosity of spirit extended to her patients and colleagues. A second generation graduate of Vassar College with extensive familial ties to the school, she maintained a lifelong relationship with Vassar (AB, 1960, Physics major, Math minor). Nancy worked in the biophysics department at Sloan Kettering Institute, New York City before continuing her education at Stanford University (MS, 1963, Mathematics), then at Yale University (MD, 1969). Her Pediatric Internship and Residency at Children's Hospital, San Francisco were followed by a Pediatric Pulmonary Fellowship at University of California, San Diego; where she remained as Assistant Clinical Professor of Pediatrics until 1988. Nancy's spirit of curious wonderment for the human body was evident in her generous support of academia. She demonstrated fierce respect for both science and art. Her mentorship and love inspired several generations of biomedical scientists and physicians at UCSD and around the globe.

The partnership launched by Nancy's marriage to the Reverend Canon Michael G. Kaehr in 1997 was a fairytale of love and devotion. Together, they explored the world often from the view of a ship deck. Michael brought new facets of the human experience into her sightlines. In 1999, Nancy was awarded Doctor of Humane Letters (DHL) by Church of the Divinity School of the Pacific in Berkeley, California. The 21 years she shared with Michael was a tapestry of ongoing volunteer activities and involvement with multiple organizations and institutions, including her commitment to La Jolla Symphony & Chorus, Woman Within, E-Circle Sisters and Camp Stevens, among many others. Nancy's delight in family and friends was further evidenced by the carousel of events she and Michael hosted throughout their joyous marriage. Some showcased beloved institutions, as Saint Paul's Episcopal Cathedral in San Diego; others birthdays and anniversaries - marked personal milestones. Epiphany celebrations were followed by lovingly planned themed festivities to celebrate whimsical holidays, as National Milk

Chocolate Day, National Cherries Jubilee Day, National Creamsicle Day Her gracious attention to every minute detail of each event began with the physical invitation and included décor, fare, libations, entertainment, and especially thoughtful seating assignments. Nancy made her guests feel special and welcome.

Nancy enjoyed a variety of music, and had a tremendous respect for the visual arts. Her reverence for nature was demonstrated by her delight in humankind; children and individuals with child-like wonder; also in her love of birds, frogs, butterflies; and all creatures, great and small. She adored flowers and especially roses, as evidenced in her impeccably manicured home gardens (and those she endowed at Vassar). A lifelong pet lover, in recent years she and Michael shared their home with Pippin, Gandalf, Gimli, Legolas and Strider.

Born in New York City to Louise MacCracken Olmsted and Robert G. Olmsted, Nancy had a passion for academics. She graduated from Green Vale School in Glen Head, Long Island before boarding for high school at Chatham Hall, in Chatham, Virginia.

In conversation, her overarching humanity and gentleness upstaged her academic achievements. Of her many gifts, it was the love that shone through each aspect of her interactions that is etched into the memories of the individuals she encountered throughout her own fulfilled life, and those lives of her survivors: her loving husband, the Reverend Canon Michael G. Kaehr; stepmother, Mary Olmsted; brother, Robert M. (Stephanie) Olmsted; and brother-in-law, Jerry (Linda) Kaehr. Happy memories of close friendships shared with Nancy will forever be in the hearts of her dedicated personal assistants, Debra Spencer and Susan Stokes-Lambell and honorary pall bearers, Betsy Anderson, Faith DeHart, LeAnn Jamison, Susan Letterman, Sue Mayberry and Maria Stravelakis.

Nancy lived her life cherishing the treasures offered by each day. In the end, it was her indomitable spirit that kept her going.

"A gentle word, a kind look, a good natured smile can work wonders and accomplish miracles" - W. Hazlitt

